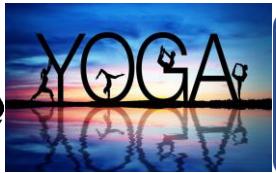


JANUARY 2026

DP FITNESS STUDIO



BOOT CAMP



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NEW CLIENTS 1 TIME OFFER 25 DAYS FOR \$25</p>	<p>\$89- 1 MONTH UNLIMITED IN STUDIO AND VIRTUAL CLASSES</p>	<p>Find us on: facebook. CALL OR TEXT DAWN 338-4813 WITH ANY QUESTIONS</p>	<p>\$12 DROP IN 10 CLASS PUNCH CARD \$99 (3month Exp.)</p>	<p>Happy New Year NO CLASSES</p>	<p>1 ALL OUT CYCLE 9AM </p>	<p>2 Yoga for All Levels 7:30-8:30 AM BIKE & BUILD 9- 9:45 AM</p>
<p>All Out Cycle 8-8:45 AM </p>	<p>Cycle & Sculpt 9 AM BIKE & BANDS 5-5:45 PM CORE EXPRESS 5:50-6:20PM</p>	<p>6 Tabata Boot Camp 5-5:45 PM All Out Cycle 6PM</p>	<p>7 Cycle & Sculpt 5:30PM</p>	<p>8 ABS & ARMS 5 PM Spin & Sculpt 6PM</p>	<p>9 ALL OUT CYCLE 9AM SPIN & SCULPT 5PM</p>	<p>10 Yoga for All Levels 7:30-8:30 AM BIKE & BUILD 9- 9:45 AM</p>
<p>All Out Cycle 8-8:45 AM </p>	<p>Cycle & Sculpt 9 AM BIKE & BANDS 5-5:45 PM CORE EXPRESS 5:50-6:20PM</p>	<p>13 Tabata Boot Camp 5-5:45 PM All Out Cycle 6PM</p>	<p>14 Cycle & Sculpt 5:30PM</p>	<p>15 BUNS & GUNS 5PM Spin & Sculpt 6PM</p>	<p>16 ALL OUT CYCLE 9AM SPIN & SCULPT 5PM</p>	<p>17 Yoga for All Levels 7:30-8:30 AM BIKE & BUILD 9- 9:45 AM</p>
<p>All Out Cycle 8-8:45 AM </p>	<p>Cycle & Sculpt 9 AM BIKE & BANDS 5-5:45 PM CORE EXPRESS 5:50-6:20PM</p>	<p>20 Tabata Boot Camp 5-5:45 PM All Out Cycle 6PM</p>	<p>21 Cycle & Sculpt 5:30PM</p>	<p>22 ABS & ARMS 5 PM Spin & Sculpt 6PM</p>	<p>23 ALL OUT CYCLE 9AM SPIN & SCULPT 5PM</p>	<p>24 Yoga for All Levels 7:30-8:30 AM BIKE & BUILD 9- 9:45 AM</p>
<p>All Out Cycle 8-8:45 AM </p>	<p>Cycle & Sculpt 9 AM BIKE & BANDS 5-5:45 PM STEP EXPRESS 5:50</p>	<p>27 Tabata Boot Camp 5-5:45 PM All Out Cycle 6PM</p>	<p>28 Cycle & Sculpt 5:30PM</p>	<p>29 BUNS & GUNS 5PM Spin & Sculpt 6PM</p>	<p>30 ALL OUT CYCLE 9AM SPIN & SCULPT 5PM</p>	<p>31 Yoga for All Levels 7:30-8:30 BIKE & BUILD 9- 9:45 AM</p>